

# Neomonde Baking Company

## Rye Swirl Loaf 24 oz

<b>Nutrition Facts</b>	
Serving Size 1 Slice (49g)	
Servings Per Container 14	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 10</b>
% Daily Value*	
<b>Total Fat 1.5g</b>	<b>2%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol 0mg</b>	<b>0%</b>
<b>Sodium 210mg</b>	<b>9%</b>
<b>Total Carbohydrate 25g</b>	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 1g	
<b>Protein 4g</b>	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
Thiamin 20%	• Riboflavin 10%
Niacin 15%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

### INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: RYE FLOUR, WHOLE GRAIN RYE MEAL, SOYBEAN OIL, SALT, YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID (VITAMIN C), CELLULOSE GUM, CARAMEL COLOR, SUGAR, WHEAT FLOUR, GROUND CARAWAY SEED, CALCIUM PROPIONATE (PRESERVATIVE), LACTIC ACID, DIACETYL TARTARIC ACID ESTERS OF MONO-DIGLYCERIDES (DATEM), SILICON DIOXIDE (FLOW AID), GROUND DILL SEED, ENZYMES, L-CYSTEINE HYDROCHLORIDE, AZODICARBONAMIDE (ADA).

### ALLERGENS:

CONTAINS: WHEAT, SOY

### SHELF LIFE:

4 DAYS. 2.14.14