

Neomonde Baking Company

Ciabatta Roll 3.5 oz

Nutrition Facts	
Serving Size 1 Roll (99g)	
Servings Per Container 2	
Amount Per Serving	
Calories 230	Calories from Fat 10
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	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 46g	15%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 8g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 15%
Thiamin 35%	• Riboflavin 20%
Niacin 25%	• Folate 25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID (VITAMIN C), CELLULOSE GUM, MALTED WHEAT FLOUR, WHITE DISTILLED VINEGAR, ENZYMES, SOYBEAN OIL.

ALLERGENS:

CONTAINS: WHEAT

SHELF LIFE:

2 DAYS. 2.14.14