

Neomonde Baking Company

Lemon Poppy Breakfast Loaf 17oz.

Nutrition Facts	
Serving Size 2 oz (56g / 1 inch slice)	
Servings Per Container About 9	
Amount Per Serving	
Calories 230	Calories from Fat 120
<small>% Daily Value*</small>	
Total Fat 13g	20%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 250mg	10%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Sugars 15g	
Protein 3g	
Vitamin A 2%	• Vitamin C 0%
Calcium 4%	• Iron 4%
Thiamin 6%	• Riboflavin 6%
Niacin 4%	• Folate 8%
<small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:</small>	
	<small>Calories: 2,000 2,500</small>
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
<small>Calories per gram:</small>	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

SUGAR, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE EGGS, SOYBEAN OIL, WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, Malted Barley Flour, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, YOGURT POWDER (NON-FAT MILK SOLIDS, LACTIC ACID, CULTURES, NATURAL AND ARTIFICIAL FLAVORS), POPPY SEEDS, SALT, MONO- AND DIGLYCERIDES, SODIUM BICARBONATE, SODIUM ALUMINUM PHOSPHATE, WHEY (MILK), SODIUM STEAROYL LACTYLATE (SSL), BUTTERMILK POWDER, XANTHAN GUM, CELLULOSE GUM, GUAR GUM, GUM ARABIC, CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVORS, SODIUM CASEINATE (MILK), YELLOW CORN FLOUR, TURMERIC (COLOR), PAPRIKA (COLOR).

Allergens:

CONTAINS: WHEAT, EGGS, MILK, SOY.

Shelf Life:

10 days. 8.19.13