

Neomonde Baking Company

Morning Glory Regular

Nutrition Facts	
Serving Size 1 Muffin (113g)	
Servings Per Container 12	
Amount Per Serving	
Calories 340	Calories from Fat 140
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Polyunsaturated Fat 7g	
Monounsaturated Fat 3.5g	
Cholesterol 70mg	23%
Sodium 480mg	20%
Total Carbohydrate 47g	16%
Dietary Fiber 2g	8%
Sugars 28g	
Protein 6g	
Vitamin A 0%	• Vitamin C 0%
Calcium 6%	• Iron 10%
Thiamin 10%	• Riboflavin 10%
Niacin 6%	• Folate 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

SUGAR, WATER, WHOLE FRESH EGGS, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CARROTS, SOY OIL, RAISINS, PINEAPPLE, WALNUTS, SWEETENED COCONUT (COCONUT, SUGAR, WATER, PROPYLENE GLYCOL, SALT, SODIUM METABISULFITE), VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, AND/OR CANOLA OILS), FOOD STARCH - MODIFIED, CULTURED YOGURT (MILK), WHEAT GLUTEN, SODIUM BICARBONATE, SALT, MONO - DIGLYCERIDES, CINNAMON, SODIUM ALUMINUM PHOSPHATE, SPICES, BAKING POWDER (CORN STARCH, MONOCALCIUM PHOSPHATE), WHEY (MILK), SODIUM STEAROYL LACTYLATE (SSL), BUTTER MILK, XANTHAN GUM, CELLULOSE GUM, GUAR GUM, GUM ARABIC, XANTHAN GUM, CARRAGEEN AN, ARTIFICIAL FLAVOR, SODIUM CASEINATE (MILK), CORN FLOUR, TURMERIC, PAPRIKA, NATURAL AND ARTIFICIAL FLAVORS. 10.25.06

Allergens:

Contains Egg, Milk, Tree nuts, Wheat.

Shelf Life:

10 Days. 10.25.06