

# Neomonde Baking Company

## Plain Bagel, Regular 3.75oz

| <b>Nutrition Facts</b>  |                                      |
|---|--------------------------------------|
| Serving Size 1 Bagel (106g)   |                                      |
| Servings Per Container 12   |                                      |
| <b>Amount Per Serving</b>   |                                      |
| <b>Calories 270</b>   | <b>Calories from Fat 10</b>          |
| <hr/>   |                                      |
|   | <b>% Daily Value*</b>                |
| <b>Total Fat 1.5g</b>   | <b>2%</b>                            |
| Saturated Fat 0g  | <b>0%</b>                            |
| Trans Fat 0g  |                                      |
| <b>Cholesterol 0mg</b>  | <b>0%</b>                            |
| <b>Sodium 410mg</b>   | <b>17%</b>                           |
| <b>Total Carbohydrate 54g</b>   | <b>18%</b>                           |
| Dietary Fiber 2g  | <b>8%</b>                            |
| Sugars 3g   |                                      |
| <b>Protein 9g</b>   |                                      |
| <hr/>   |                                      |
| Vitamin A 0%  | • Vitamin C 0%                       |
| Calcium 8%  | • Iron 20%                           |
| Thiamin 40%   | • Riboflavin 25%                     |
| Niacin 30%  | • Folate 25%                         |
| <small>*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.</small> |                                      |
|   | <small>Calories: 2,000 2,500</small> |
| Total Fat   | Less than 65g 80g                    |
| Saturated Fat   | Less than 20g 25g                    |
| Cholesterol   | Less than 300mg 300mg                |
| Sodium  | Less than 2,400mg 2,400mg            |
| Total Carbohydrate  | 300g 375g                            |
| Dietary Fiber   | 25g 30g                              |
| <small>Calories per gram:</small>   |                                      |
| Fat 9 • Carbohydrate 4 • Protein 4  |                                      |

### INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SUGAR, SEA SALT, CALCIUM PROPIONATE (PRESERVATIVE), YEAST, SORBITAN MONOSTEARATE, ASCORBIC ACID (VITAMIN C), CELLULOSE GUM, MALTED BARLEY FLOUR, MOLASSES POWDER (MOLASSES, WHEAT STARCH), HONEY POWDER (HONEY, MALTODEXTRIN), SOYBEAN OIL, HYDROLYZED WHEAT GLUTEN, NATURAL FLAVOR, WHEAT FLOUR, ENZYMES, CALCIUM SULFATE, SALT.

### ALLERGENS:

CONTAINS: WHEAT, SOY

### SHELF LIFE:

2 DAYS. 2.19.14