

Neomonde Baking Co.

Natural Cinnamon Raisin Bagel (3.75oz)

Nutrition Facts			
Serving Size 1 Bagel (106g)			
Servings Per Container			
Amount Per Serving			
Calories 280	Calories from Fat 10		
% Daily Value*			
Total Fat 1g	2%		
Saturated Fat 0g	0%		
Trans Fat 0g			
Cholesterol 0mg	0%		
Sodium 420mg	18%		
Total Carbohydrate 56g	19%		
Dietary Fiber 2g	8%		
Sugars 5g			
Protein 10g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 20%		
Thiamin 30%	Riboflavin 20%		
Niacin 20%	Folate 25%		
*Percent Daily Values are based on a 2,900 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	25g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
		Fat 9	Carbohydrate 4 • Protein 4

INGREDIENTS:

ENRICHED UNBLEACHED UNBROMATED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: BROWN SUGAR, SUGAR, SEA SALT, CINNAMON, RAISINS, MALTED BARLEY FLOUR, YEAST, MOLASSES, HONEY, SOYBEAN OIL, HYDROLYZED WHEAT GLUTEN, NATURAL FLAVOR[WHEAT], ASCORBIC ACID, WHEAT FLOUR, ENZYMES.

ALLERGENS:

CONTAINS: WHEAT, SOY

SHELF LIFE:

2 DAYS. 12.16.10