

Neomonde Baking Company

Whole Wheat Bread

Nutrition Facts	
Serving Size: 1 Slice (45g)	
Total Calories	130
Calories from Fat	15
Amount Per Serving	%DV*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Total Carbohydrate 26g	9%
Dietary Fiber 2g	8%
Sugars 1g	
Protein 5g	
Vitamin A	0%
Vitamin C	0%
Calcium	4%
Iron	8%
Thiamin	15%
Riboflavin	10%
Niacin	10%
Folic Acid	10%
*Percent Daily Values are based on a 2,000 Calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	Less Than 300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 * Carbohydrate 4 * Protein 4	

INGREDIENTS:

ENRICHED UNBLEACHED UNBROMATED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, WHOLE WHEAT FLOUR, VEGETABLE SHORTENING (PARTIALLY HYDROGENATED SOYBEAN, COTTONSEED, AND/OR CANOLA OILS), WHEAT GLUTEN, WHEAT BRAN, SALT, SUGAR, YEAST, DEXTROSE, CALCIUM PROPIONATE (A PRESERVATIVE), SOY FLOUR, DIACETYL TARTARIC ACID ESTERS OF MONO DIGLYCERIDES (DATEM), MONO-DIGLYCERIDES, POTASSIUM BROMATE, ASCORBIC ACID, ENZYME, AZODICARBONAMIDE (ADA), L. CYSTEINE.

ALLERGENS:

CONTAINS: Wheat, Soy

SHELF LIFE:

4 days. 7.08.11